



## Women's Eye Health

Women's eye health deserves special attention.



Women are at a higher risk for developing age-related macular degeneration and thyroid eye disease<sup>1</sup>



The risk of dementia is 2-5x greater in visually impaired elderly women<sup>2</sup>



### Cosmetics and Eye Health

Cosmetic eye products and procedures may present risks to eye health.<sup>3</sup> Permanent makeup, Botox injections, dermal fillers, eyelash extensions and mascara have been linked with specific eye conditions, including:

- Hyperpigmentation
- Contact dermatitis
- Dry eye disease
- Ocular surface disease
- Bacterial infections

### Pregnancy and Eye Health

During pregnancy, the body experiences many hormonal changes that can affect the eyes.<sup>4</sup> Patients may experience blurred vision or dry eye while pregnant.<sup>5</sup>



Pregnant women with diabetes or gestational diabetes should see their eye doctor once per trimester, since they are at a higher risk of developing serious eye conditions.<sup>5</sup>

**Schedule your annual eye exam today.**

#### Sources

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3. Complications and adverse effects of periocular aesthetic treatments, Published: April 28, 2021, DOI:<https://doi.org/10.1016/j.survophthal.2021.04.009>, [https://www.surveyophthalmol.com/article/S0039-6257\(21\)00107-7/fulltext](https://www.surveyophthalmol.com/article/S0039-6257(21)00107-7/fulltext)
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5. How Pregnancy Impacts Your Vision, March 18, 2023. <https://opto.ca/eye-health-library/how-pregnancy-impacts-your-vision>