



New Mexico Public Schools Insurance Authority

October 1, 2022 COBRA MONTHLY RATES

Qualified Beneficiary Premiums for Social Security Disability Extension (150% of the Full Monthly Premium)

BENEFIT AND CARRIER	Single Premium	2 Party Premium	Family Premium
MEDICAL			
Blue Cross Blue Shield of NM			
High Option Plan	\$1,290.58	\$2,454.45	\$3,278.21
Low Option Plan	\$894.78	\$1,701.78	\$2,273.03
Exclusive Provider Organization (EPO) Option*	\$1,161.50	\$2,208.95	\$2,950.34
Cigna			
High Option Plan	\$1,232.31	\$2,378.86	\$3,188.49
Low Option Plan	\$858.40	\$1,657.04	\$2,221.00
Presbyterian			
High Option Plan	\$1,043.64	\$2,191.53	\$2,922.26
Low Option Plan	\$723.69	\$1,519.52	\$2,026.12
DENTAL			
Delta Dental			
High Option Plan	\$42.90	\$81.68	\$128.33
Low Option Plan	\$21.48	\$40.89	\$64.17
United Concordia			
High Option	\$42.90	\$81.68	\$128.33
Low Option	\$21.48	\$40.89	\$64.17
VISION			
Davis Vision	\$9.40	\$15.72	\$21.22

* EPO Plan – A managed care plan where services are covered only if you go to providers (*doctors, specialists, hospitals, etc.*) in the plan’s network (*except in an emergency*).