



**New Mexico  
Public Schools  
Insurance  
Authority**



**NMPSIA**  
*Wellness*

**2022**

**Medical Plan  
Side-by-Side Comparison Chart**

**High Option  
Low Option  
Exclusive Provider Organization (EPO)**



## New Mexico Public Schools Insurance Authority Side-by-Side Medical Plan Benefit Comparison Chart

These are only summaries that list the member cost-sharing amounts and provides a brief description of NMPSIA Health Plan medical benefits.  
 The High and Low Option Plans are available under BlueCross BlueShield of New Mexico (BCBSNM), Cigna Health and Presbyterian Health Plan.  
 The Exclusive Provider Organization (EPO) is only offered by BlueCross BlueShield of New Mexico.  
 The Summary Plan Descriptions supersede any information outlined in this summary.

NMPSIA Health Plan Benefits There is no overall lifetime maximum benefit. However, certain services have maximum annual limits. (Deductible applies unless specified as "deductible waived")	High Option PPO Benefits Member's Share of Covered Charges		Low Option PPO Benefits Member's Share of Covered Charges		EPO Benefits Member's Share of Covered Charges
	In-Network Provider	Out-Of-Network Provider	In-Network Provider	Out-Of-Network Provider	Preferred Provider (Narrow Network)
<b>See below:</b>					
<b>Calendar Year Deductible</b>					
Individual	\$750	\$1,500	\$2,000	\$4,000	\$500
Family	\$1,500	\$3,000	\$4,000	\$8,000	\$1,000
<b>Annual Out-Of-Pocket Limit</b> (Includes copayments, coinsurance, and deductibles)					
Individual	\$4,100	\$9,500	\$4,100	\$9,500	\$3,250
Family	\$8,200	\$19,000	\$8,200	\$19,000	\$6,500
<b>Office Visit/Exam Charge</b> Office and Home Visits/Exams or Consultation (Other services received during the office visits and listed under "Other Services," below such as therapy are subject to deductible, copay, and/or coinsurance as listed in the rest of the summary.)	<b>Office Visit Copay (deductible waived)</b>		<b>Office Visit Copay (deductible waived)</b>		<b>Office Visit Copay (deductible waived)</b>
<b>Primary Preferred Provider Office/Home Visit</b>	\$25	40%	\$30	50%	\$25
<b>Specialist/Office/Home Visit</b>	\$50	40%	\$60	50%	\$35
<b>Telehealth</b> (Virtual video visit access. *Cost varies dependent on specific plan details - see your health plan for more information.)	\$0*	Not Covered	\$0*	Not Covered	\$0*
<b>Office Surgery</b> (Including casts, splints, and dressings)	20%	40%	25%	50%	20%
<b>Allergy injections (only), Extract Preparation</b>	No Charge (deductible waived)	40%	25%	50%	No Charge (deductible waived)
<b>Therapeutic Injections: Allergy Testing</b>	\$25	40%	25%	50%	\$25
<b>Routine/Preventive Services</b> Routine Adult Physicals and Gynecological Exams, Routine Tests (including Pap Tests, Cholesterol tests, Urinalysis, Human Papillomavirus (HPV) Screening), Colonoscopies and Mammograms (one covered at 100% annually regardless of diagnosis when in-network), Health Education Counseling (including diabetic and smoking cessation counseling), Family Planning (including insertion/removal of birth control devices, surgical sterilization in office, birth control and therapeutic injections), Immunizations (including travel immunizations); Well-Child Care; Routine Vision or Hearing Screenings	No Charge (deductible waived)	40% (deductible waived)	No Charge (deductible waived)	50% (deductible waived for routine testing only)	No Charge (deductible waived)
<b>Acupuncture, Chiropractic (Spinal Manipulation), and Massage Therapy</b> (If medically necessary) (combined max. benefit of 30 visits/calendar year)	\$50 copay (deductible waived)	40%	25%	50%	\$35 copay (deductible waived)
<b>Naprapathy and Rolwing</b> (combined max. benefit of 30 visits/calendar year) (Not covered out-of-network)		Naprapathy and Rolwing Not Covered	\$50 copay (deductible waived) (Limit \$500 per year)	Naprapathy and Rolwing Not Covered	
<b>Ambulance Service:</b> Ground and Emergency Air Transport	\$50 copay (deductible waived)		25% coinsurance after deductible		\$25 (deductible waived)
<b>Ambulance Services:</b> Inter-facility Transport	\$0 (deductible waived)		\$0 (deductible waived)		\$0 (deductible waived)
<b>Autism Spectrum Disorder</b> Applied Behavioral Analysis (ABA). Specialist includes outpatient physical therapy, occupational therapy & speech therapy.	No Charge	40%	No Charge	50%	No Charge



## New Mexico Public Schools Insurance Authority Side-by-Side Medical Plan Benefit Comparison Chart

These are only summaries that list the member cost-sharing amounts and provides a brief description of NMPSIA Health Plan medical benefits.  
 The High and Low Option Plans are available under BlueCross BlueShield of New Mexico (BCBSNM), Cigna Health and Presbyterian Health Plan.  
 The Exclusive Provider Organization (EPO) is only offered by BlueCross BlueShield of New Mexico.  
 The Summary Plan Descriptions supersede any information outlined in this summary.

NMPSIA Health Plan Benefits There is no overall lifetime maximum benefit. However, certain services have maximum annual limits. (Deductible applies unless specified as "deductible waived")	High Option PPO Benefits Member's Share of Covered Charges		Low Option PPO Benefits Member's Share of Covered Charges		EPO Benefits Member's Share of Covered Charges
	In-Network Provider	Out-Of-Network Provider	In-Network Provider	Out-Of-Network Provider	Preferred Provider (Narrow Network)
<b>See below:</b>					
<b>Biofeedback</b> (For specified medical conditions only)	\$50 copay <i>(deductible waived)</i>	40%	25%	50%	\$35 copay <i>(deductible waived)</i>
<b>Cardiac and Pulmonary Rehabilitation (Office/Outpatient)</b>	\$50 copay <i>(deductible waived)</i>	40%	25%	50%	\$35 copay <i>(deductible waived)</i>
<b>Dental/Facial Accident, Oral Surgery &amp; TMJ/CMJ Services</b>	Varies by Services	40%	25%	50%	Varies by Services
<b>Emergency Room Treatment</b> Physician and other professional provider charges	\$450 copay <i>(deductible waived)</i>		\$450 copay after deductible		\$150 copay plus 20% coinsurance after deductible
<b>Hearing Aids and Related Services</b> (Age 21 & older: Routine exams testing not covered)	Hearing Aids: No Charge up to \$500; thereafter you pay 90% coinsurance in any 36-month period		Hearing Aids: No Charge up to \$500; thereafter you pay 90% coinsurance in any 36-month period		Hearing Aids: No Charge up to \$500; thereafter you pay 90% coinsurance in any 36-month period
<b>Hearing Aids and Related Services</b> (Under age 21: Exam testing subject to usual cost-sharing)	Hearing Aids: No Charge up to \$2,200 per hearing impaired ear; thereafter you pay 90% coinsurance in any 36-month period		Hearing Aids: No Charge up to \$2,200 per hearing impaired ear; thereafter you pay 90% coinsurance in any 36-month period		Hearing Aids: No Charge up to \$2,200 per hearing impaired ear; thereafter you pay 90% coinsurance in any 36-month period
<b>Home Health Care/Home I.V. Services</b> Limitations	20% Unlimited	40% 120 visits per calendar year	25% Unlimited	50% 120 visits per calendar year	20% Unlimited
<b>Hospice Services</b> Including respite care (limited to 10 days for each 6-month per hospice period - 2 periods per lifetime) & bereavement counseling (limited to 3 sessions during the hospice benefit period)	No charge <i>(deductible waived)</i>	40%	25%	50%	No charge <i>(deductible waived)</i>
<b>Infertility: Diagnosis Only - No Treatment</b>	Varies by services	40%	Varies by services	50%	Varies by services
<b>Lab, X-Ray, and other Basic Diagnostic Tests - non-routine</b> (Office/Freestanding Lab or Radiology Facility)	\$30 copay or actual allowable amount, whichever is less per day <i>(deductible waived)</i>	40%	\$35 copay or actual allowable amount, whichever is less per day <i>(deductible waived)</i>	50%	\$25 copay or actual allowable amount, whichever is less per day <i>(deductible waived)</i>
<b>Lab, X-Ray, and other Basic Diagnostic Tests - non-routine</b> (Outpatient Department of Hospital)	\$60 copay or actual allowable amount, whichever is less per day <i>(deductible waived)</i>	40%	\$70 copay or actual allowable amount, whichever is less per day <i>(deductible waived)</i>	50%	\$50 copay or actual allowable amount, whichever is less per day <i>(deductible waived)</i>
<b>High Tech Imaging:</b> MRI, MRA, CT Scan, PET Scan	\$600 copay or 20%, whichever is less per day <i>(deductible waived)</i>	40%	\$700 copay or 25%, whichever is less per day <i>(deductible waived)</i>	50%	\$500 copay or 20%, whichever is less per day <i>(deductible waived)</i>
<b>Professional Interpretation &amp; Reading (Lab, X-Ray, &amp; High Tech)</b>	No Charge	40%	No Charge	50%	No Charge
<b>Prothrombin Time Test</b>	\$10 copay <i>(deductible waived)</i>	40%	\$10 copay <i>(deductible waived)</i>	50%	\$10 copay <i>(deductible waived)</i>
<b>Sleep Study</b>	20%	40%	25%	50%	20%



## New Mexico Public Schools Insurance Authority Side-by-Side Medical Plan Benefit Comparison Chart

These are only summaries that list the member cost-sharing amounts and provides a brief description of NMPSIA Health Plan medical benefits.  
 The High and Low Option Plans are available under BlueCross BlueShield of New Mexico (BCBSNM), Cigna Health and Presbyterian Health Plan.  
 The Exclusive Provider Organization (EPO) is only offered by BlueCross BlueShield of New Mexico.  
 The Summary Plan Descriptions supersede any information outlined in this summary.

NMPSIA Health Plan Benefits	High Option PPO Benefits Member's Share of Covered Charges		Low Option PPO Benefits Member's Share of Covered Charges		EPO Benefits Member's Share of Covered Charges
There is no overall lifetime maximum benefit. However, certain services have maximum annual limits. (Deductible applies unless specified as "deductible waived")					
<b>See below:</b>	In-Network Provider	Out-Of-Network Provider	In-Network Provider	Out-Of-Network Provider	Preferred Provider (Narrow Network)
<b>Inpatient Hospital/Facility Services</b>					
(EPO Option copays are waived if you are re-admitted for the same condition within 15 days of discharge or transferred to a rehab or skilled nursing facility within 15 days of discharge from an acute care facility.)					
<b>Medical/Surgical Acute Care, and Maternity-Related Room &amp; Board</b> Covered Ancillaries, Related Professional Charges, <b>Skilled Nursing Facility</b> (max. 60 days/calendar year) <b>Inpatient Physical Rehabilitation</b>	20% coinsurance after deductible	40% coinsurance after deductible	25%	50%	\$500 facility copay/admission plus 20%
<b>Observation Stay</b> including Related Professional Charges	\$100 facility copay plus 20%	40%	25%	50%	\$100 facility copay plus 20%
<b>Maternity Services</b>					
<b>Physicians Midwife Services</b> (Delivery, pre- and post-natal care, including lab, diagnostic testing, and pre-natal genetic testing, if medically necessary)	\$25 Office Visit Copay/Initial Visit	40%	25%	50%	\$25 Office Visit Copay/Initial Visit
<b>Hospital Admission</b> (Including routine newborn nursery charges)	20% coinsurance after deductible	40%	25%	50%	\$500 copay per pregnancy plus 20%
<b>Extended Stay</b> (non-routine) Charges for covered Newborn	20% coinsurance after deductible	40%	25%	50%	\$500 facility copay/admission plus 20%
<b>Home Birth</b>	20%	40%	25%	50%	20%
<b>Mental Health Services</b>					
<b>Office, Home, Outpatient Facility/Physician</b>	No Charge	40%	No Charge	50%	No Charge
<b>Inpatient</b>	No Charge	40%	No Charge	50%	No Charge
<b>Partial Hospitalization</b>	No Charge	40%	No Charge	50%	No Charge
<b>Facility-Based Intensive Outpatient Programs (IOP)</b>	No Charge	40%	No Charge	50%	No Charge
<b>Substance Abuse Rehabilitation</b>					
(Lifetime-no limit on number of courses of treatment for all services combined)					
<b>Office, Home, Outpatient Facility/Physician</b> (No limit on number of days/calendar year)	No Charge	40%	No Charge	50%	No Charge
<b>Inpatient</b> (No limit on number of days/calendar year)	No Charge	40%	No Charge	50%	No Charge
<b>Partial Hospitalization</b> (No limit on number of days/combined with Inpatient)	No Charge	40%	No Charge	50%	No Charge
<b>Facility-Based Intensive Outpatient Programs (IOP)</b>	No Charge	40%	No Charge	50%	No Charge



## New Mexico Public Schools Insurance Authority Side-by-Side Medical Plan Benefit Comparison Chart

These are only summaries that list the member cost-sharing amounts and provides a brief description of NMPSIA Health Plan medical benefits.  
 The High and Low Option Plans are available under BlueCross BlueShield of New Mexico (BCBSNM), Cigna Health and Presbyterian Health Plan.  
 The Exclusive Provider Organization (EPO) is only offered by BlueCross BlueShield of New Mexico.  
 The Summary Plan Descriptions supersede any information outlined in this summary.

NMPSIA Health Plan Benefits There is no overall lifetime maximum benefit. However, certain services have maximum annual limits. (Deductible applies unless specified as "deductible waived")	High Option PPO Benefits Member's Share of Covered Charges		Low Option PPO Benefits Member's Share of Covered Charges		EPO Benefits Member's Share of Covered Charges
	In-Network Provider	Out-Of-Network Provider	In-Network Provider	Out-Of-Network Provider	Preferred Provider (Narrow Network)
<b>Residential Treatment Center</b>					
<b>Residential Treatment Center (RTC):</b> (For adults age 18 & older only) (No limit on number of days/and no limit on days/admit)	No Charge	40%	No Charge	50%	No Charge
<b>Outpatient Hospital/Facility/Ambulatory Surgery Facility</b> (Including Related Professional Charges)	20% coinsurance after deductible	40%	25%	50%	\$150 copay plus 20%
<b>Short-Term Rehabilitation, Outpatient and Office: Occupational, Physical &amp; Speech Therapy Services</b>	\$30 copay (deductible waived) up to \$300; thereafter No Charge for the remaining calendar year	40%	\$35 (deductible waived)	50%	\$35 copay (deductible waived) up to \$350; thereafter No Charge for the remaining calendar year
<b>Smoking/Tobacco Use Cessation</b> (Includes medication, hypnotherapy, acupuncture, related tests, and any counseling programs not eligible under Routine/Preventive Services)	No Charge For Prescription Drugs, see your Express Scripts Plan for details	50% For Prescription Drugs, see your Express Scripts Plan for details	No Charge For Prescription Drugs, see your Express Scripts Plan for details	50% For Prescription Drugs, see your Express Scripts Plan for details	No Charge For Prescription Drugs, see your Express Scripts Plan for details
<b>Supplies, Durable Medical Equipment, Prosthetics &amp; Functional Orthotics</b> (Support hose limited to 12 pair (or 24 hose). Mastectomy Bras up to 6 per calendar year.) Prior Authorization needed for services over \$1,000	20%	40%	25%	50%	20%
<b>Insulin Pump Supplies</b> (Insertion sets, reservoirs)	No Charge (deductible waived)	40%	No Charge (deductible waived)	50%	No Charge (deductible waived)
<b>Therapy: Chemotherapy and Radiation Therapy</b>	No Charge (deductible waived)	40%	25%	50%	No Charge (deductible waived)
<b>Therapy: Dialysis</b>	20%	40%	25%	50%	20%
<b>Transplant Services</b> Maximums apply to donor charges, travel, and lodging. Services must be received at a facility that contracts with the plan or with a national transplant network approved by the plan.	Applicable copays based on place and type of service	Not Covered	Applicable copays based on place and type of service	Not Covered	Applicable copays based on place and type of service
<b>Urgent Care</b> (Includes all services and supplies such as x-ray/labs/ physician fees)	\$50 copay (deductible waived)	40%	\$60 copay (deductible waived)	50%	\$45 copay (deductible waived)



## New Mexico Public Schools Insurance Authority Side-by-Side Medical Plan Benefit Comparison Chart

These are only summaries that list the member cost-sharing amounts and provides a brief description of NMPSIA Health Plan medical benefits.  
 The High and Low Option Plans are available under BlueCross BlueShield of New Mexico (BCBSNM), Cigna Health and Presbyterian Health Plan.  
 The Exclusive Provider Organization (EPO) is only offered by BlueCross BlueShield of New Mexico.  
 The Summary Plan Descriptions supersede any information outlined in this summary.

<b>NMPSIA Health Plan Benefits</b> There is no overall lifetime maximum benefit. However, certain services have maximum annual limits. (Deductible applies unless specified as "deductible waived")	<b>High Option PPO Benefits</b> Member's Share of Covered Charges		<b>Low Option PPO Benefits</b> Member's Share of Covered Charges		<b>EPO Benefits</b> Member's Share of Covered Charges
<b>See below:</b>	In-Network Provider	Out-Of-Network Provider	In-Network Provider	Out-Of-Network Provider	Preferred Provider (Narrow Network)
<b>Prescription Drugs, Insulin, Diabetic Supplies, Nutritional Products, Smoking/Tobacco Cessation Products:</b> Administered by Express Scripts. Call Express Scripts Customer Service Center: 1-800-498-4904					
<b>Prescription Drug Annual Out-Of-Pocket Limit</b> (Includes copayments and coinsurance)	<b>\$3,000/Individual</b> <b>\$6,000/Family</b>		<b>\$3,000/Individual</b> <b>\$6,000/Family</b>		<b>\$3,100/Individual</b> <b>\$6,200/Family</b>
<b>Prescription Specialty Drugs</b>	<p>These drugs must be filled via the Express Scripts contracted pharmacy <b>Acrredo at 1-800-803-2523</b>.</p> <ul style="list-style-type: none"> <li>Specialty drugs require preauthorization by calling <b>Express Scripts at 1-800-498-4904</b>. For most specialty drugs, the contracted specialty drug mail-order pharmacy is required after two fills at retail. In certain cases, specialty drugs are covered only at the contracted mail order pharmacy.</li> <li>Specialty drugs that are essential health benefits and obtained from in-network retail and mail order locations accumulate to the Outpatient Drug Out-of-Pocket Limit.</li> </ul> <p>Members may qualify for Specialty drug copayment assistance available via enrollment in the <b>SaveOneSP</b> program for certain Specialty drugs. To enroll, contact <b>SaveOnSP at 1-800-683-1074</b>. Non-essential health benefit specialty pharmacy drugs under the SaveOnSP program <i>do not</i> accumulate to the Outpatient Drug Out-of-Pocket Limit.</p>				