



Your care. Your choice.



Save time and money by choosing where you receive care.

It can be confusing to know where to go to get the quality of care you need, when you need it at the lowest out-of-pocket cost.

That's why we have worked hard to add many convenient, lower cost care facilities to our network. Here we provide guidance to help you choose where to receive care, and if you need to speak with someone, we have an exceptional customer service team to guide you.

Many common tests and treatments performed in a hospital can just as easily be provided at more convenient and lower cost locations. When certain procedures are done outside of a hospital-based facility, the savings to you can really add up.

	Average claim costs in a hospital facility*	Savings opportunity by choosing a lower cost location	Your potential claim savings by choosing a lower cost location**
Orthopedic (joint) procedures	\$5,357	40%	\$2,143
Colon Screening	\$1,417	65%	\$921
Diagnostic Imaging	\$1,320	50%	\$660
Lab Work	\$261	65%	\$170

* Average claim for a member of a Presbyterian employer-sponsored health insurance plan. Based on 2019 Presbyterian claims data.

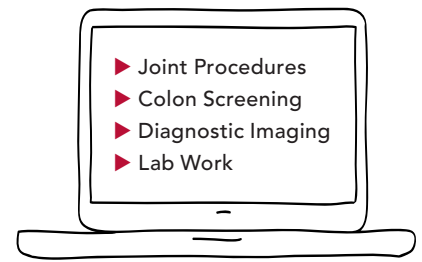
** Savings to the member are dependent on plan benefits, copays and deductibles.

Take advantage of these resources to help you choose the most appropriate facility for the services you need:

Ask your provider to refer you to non-hospital locations for certain care needs.

Call the Presbyterian Customer Service Center number on the back of your member ID card for assistance in choosing a care location with the lowest out-of-pocket cost.

Visit www.phs.org/yourcareyourchoice



Presbyterian Health Plan, Inc.
Presbyterian Insurance Company, Inc.

Presbyterian Health Plan

Lower Cost Care Locations

	New Mexico Region				
	Central	Northeast	Northwest	Southeast	Southwest
Joint Procedures Foot, Ankle, Knee, Shoulder, Hand, Wrist, Elbow, Hip Procedures; Joint Injections	NM Surgery Center/ Orthopaedics		Four Corners ASC	Southern NM Surgery Center	Las Cruces Surgery Center Southern NM Surgery Center
Lab Work Blood, Urine, Other Bodily Fluid, Body Tissue	Tricore Quest	Tricore El Centro Family Health	Tricore Mesa Family Practice Pinon Family Practice	Tricore Quest Silver Health Care	Tricore Quest Ben Archer Health Center
Diagnostic Imaging CT Scan, MRI, Mammography, PET Scan, General Radiology	Radiology Associates of Albuquerque	X-Ray Associates		Covenant Diagnostic Lubbock, TX	Imaging Center of Las Cruces
Colon Screening Colonoscopy, Endoscopy	TBD	Endoscopy of Santa Fe	Four Corners ASC	Clovis Surgery Center	Lohman Endoscopy Center