



This year, say yes to you.

Ditch New Year's resolutions and make a lasting change with Wondr—a digital weight loss program tailored to you.



New Mexico Public Schools Insurance Authority is offering you access to Wondr™—a digital weight loss program—available at no cost to you.* Wondr goes beyond diet fads to teach you science-based skills that will help you lose weight and improve your overall health—without giving up the foods you love. Jump-start your year with Wondr.

Space is limited.

Learn more at
wondrhealth.com/NMPSIA

Apply between 1/16/2023 - 1/29/2023.
The program begins 2/13/2023.

*Restrictions and eligibility info can be found at wondrhealth.com/NMPSIA