

# 2023 Wellness Webinar Series



## March onto financial well-being

Financial well-being is a state of mind. Join us as we explore the importance of having enough money to cover basic needs, pay bills, and have enough left over to save and invest for the future. Together, we will explore the importance of financial well-being and how it can be achieved.

We will provide tips and advice on how to improve financial well-being, including ways to reduce expenses, increase income, and create a savings plan.



[REGISTER HERE](https://phs-org-corp.zoom.us/webinar/register/WN_zacvK6U1SDaksaZ535U1PQ) for webinar series.

Or copy and paste this url to your browser: [https://phs-org-corp.zoom.us/webinar/register/WN\\_zacvK6U1SDaksaZ535U1PQ](https://phs-org-corp.zoom.us/webinar/register/WN_zacvK6U1SDaksaZ535U1PQ)



Our wellness webinars provide guidance in enhancing your well-being and support your successful journey to better health.