

## Hurry, It's Time for Curry

**THURSDAY**  
**MARCH 23**  
NOON - 1:00 PM



Curry is the seasoned and savory star of the show this month. These Indian-inspired recipes contain aromatic spices and flavors that are a delight to the senses and provide anti-inflammatory effects for the body. Cumin, what are you waiting for?



**[Register HERE](#)**, or scan the QR Code with a smart device.



SCAN ME

Can't make it? It's ok, register anyway and we'll send you the recording after.