

Hindsight is 2020



Face forward into the New Year by focusing on your health and weight loss goals with Naturally Slim® (NS).

Give yourself some grace and start the New Year off strong with NS. We're setting clinically-proven resolutions—based on skill, not willpower—every day to lose weight, sleep better, and reduce stress.

New Mexico Public Schools Insurance Authority is giving you the opportunity at no cost. No gimmicks. No food you need to buy. Through NS's weekly videos, you'll build lifelong healthy habits that can improve your physical and mental health.

**Space is limited. Apply between
January 11 - 22, 2021.**

www.naturallyslim.com/NMPSIA

The Naturally Slim program starts February 8, 2021.
Employees on a NMPSIA BCBSNM medical plan and their covered spouses and adult dependents are eligible to apply.
Please apply using your personal email address.