



# NMPSIA 2023 Regional Training

**Live and In-Person - No Virtual Training Options**

Register now to attend a training location near you on the NMPSIA website homepage  
**"2023 Regional Training Registration"**

## Training Locations

***Monday July 10, 2023 8:30 a.m. – 3:00 p.m.***

**FARMINGTON**

FMS Board Room  
3401 E 30<sup>th</sup> St, Ste A  
Farmington NM 87402

***Wednesday, July 12, 2023 8:30 a.m. – 3:00 p.m.***

**LAS VEGAS**

Luna Community College #18 Media Education Center  
366 Luna Drive  
Las Vegas NM 87701

***Thursday, July 13, 2023 8:30 a.m. – 3:00 p.m.***

**ROSWELL**

ENMU-Roswell #124 Occupational Technology Center  
20 West Mathis  
Roswell NM 88201

***Friday, July 14, 2023 8:30 a.m. – 3:00 p.m.***

**RIO RANCHO**

RRPS District Office Training Center  
500 Laser Rd NE  
Rio Rancho NM 87124

***(This session will be recorded)***

***Tuesday, July 18, 2023 8:30 a.m. – 3:00 p.m.***

**LAS CRUCES**

LCPS Dr. Karen M. Trujillo Administration Complex  
505 S. Main St, Ste 249- Conf A/B  
Las Cruces NM 87005



# NMPSIA 2023 Regional Training

**Monday, July 10, 2023**

**FARMINGTON: FMS School Board Room**

**Wednesday, July 12, 2023**

**LAS VEGAS: Luna Community College  
#18 Media Education Center**

**Thursday, July 13, 2023**

**ROSWELL: ENMU-Roswell  
#124 Occupational Technology Center**

**Friday, July 14, 2023**

**RIO RANCHO: RRPS District Training Center**

**Tuesday, July 18, 2023**

**LAS CRUCES: LCPS Dr. Karen M. Trujillo  
Administration Complex**

<b>Time</b>	<b>Topics and Presenters</b>
<b>8:30 a.m.</b>	<b>Registration</b>
<b>9:00 a.m.</b>	<b>NMPSIA - Martha Quintana</b> <ul style="list-style-type: none"><li>○ Welcome &amp; Introductions</li></ul>
<b>9:15 a.m.</b>	<b>Erisa - Kathy Payanes</b> <ul style="list-style-type: none"><li>○ Struggles with Benefits Enrollment</li></ul>
<b>10:00 a.m.</b>	<b>Break &amp; Group Stretch</b>
<b>10:15 a.m.</b>	<b>CCMSI - Jerry Mayo and Vanessa Devine</b> <ul style="list-style-type: none"><li>○ Introduction of Jessica Sanchez, NMWCA</li><li>○ Struggles with Workers' Compensation Reporting</li></ul>
<b>11:30 a.m.</b>	<b>Why Wellness? – NMPSIA Wellness Team</b>
<b>12:00 p.m.</b>	<b>Lunch (NMPSIA Trivia)</b>
<b>12:30 p.m.</b>	<b>How to be a Smart Consumer - Martha Quintana</b>
<b>1:00 p.m.</b>	<b>Required Online Enrollment - Kathy Payanes</b> <ul style="list-style-type: none"><li>○ Employer: New Hire (Basic Life), Cancel EE, Report LOA (Return and Change Date)</li><li>○ Employee: Change Beneficiary, Open/Switch (change enrollment), Change Basic Info</li></ul>
<b>1:45 p.m.</b>	<b>Break &amp; Group Stretch</b>
<b>2:00 p.m.</b>	<b>POMS - Karen Harris Mestas</b> <ul style="list-style-type: none"><li>○ Ergonomics Assessment</li></ul>
<b>2:45 p.m.</b>	<b>Closing Remarks</b>

**Thank you for attending and participating!**