

Mindset Monday

*A New Monthly Series!

Shift to Positive Thinking

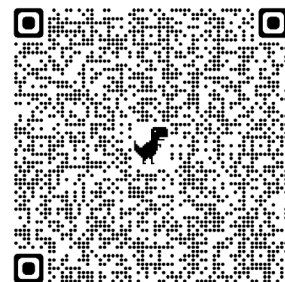


Join us as we discuss the benefits of positive thinking and how to shift our pervasive negative thoughts into a mentality of optimism.

Monday, January 30

12:00pm -12:15pm

Virtual: [Click here to register](#) or scan



*Recording will be available for on-demand viewing

Join Kathryn Hull from BCBSNM for this Presentation. Open to all NMPSIA Employees.

