

# Wellness Wednesday Workshop

## Financial Fitness: 5 Focus Areas

Open to all NMPSIA Employees!

### Topics Include



New Mexico  
Public Schools  
Insurance  
Authority



**NMPSIA**

- Creating A Budget
- Importance Of An Emergency Fund
- Strategy For Paying Personal Debt
- Saving For Retirement and After
- Important Documents

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Wednesday August 23

8AM or 12PM

\*15-20 mins

[Register Here](#)



Join Kathryn Hull  
BCBSNM Wellness Coordinator