



BlueCross BlueShield
of New Mexico



A1C EXPLAINED

Date: Monday, November 18

Time: 8:30 a.m.

Location: Virtual

[Register Here](#)



Date: Monday, November 18

Time: 3:45 p.m.

Location: Virtual

[Register Here](#)



We will learn more about:

- What is A1C
- What are good levels of A1C
- How your A1C affects your Diabetes