



**BlueCross BlueShield  
of New Mexico**

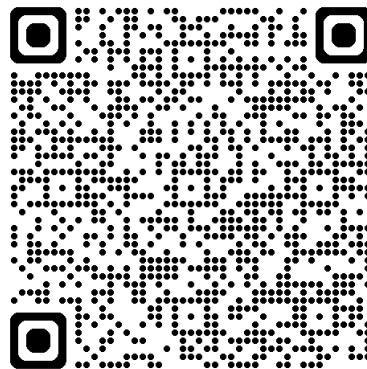


## MANAGING YOUR DIABETES

**Date:** November 19

**Time:** 3:30 p.m.

[Register Here](#)



**We will learn about:**

- What is diabetes
- Symptoms of diabetes
- Treatments and guidelines for managing
- Daily steps you can take for prevention and management