



**BlueCross BlueShield
of New Mexico**



**New Mexico
Public Schools
Insurance
Authority**



NMPSIA



LIVING FINANCIALLY WELL

Date: Tuesday, August 11, 2026

Time: 11:30 a.m. – 12:00 p.m.

Location: Microsoft Teams

[Register Here:](#)



We will learn about:

- What is financial wellbeing
- Financial stress and risks to your health
- Tips on budgeting and saving
- Setting financial goals to help reduce stress