



BlueCross BlueShield
of New Mexico



New Mexico
Public Schools
Insurance
Authority



TRUST YOUR GUT AND SUPPORT A HEALTHY MICROBIOME

We will learn more about:

- How the digestive system works and the role of our gut
- What are common digestive conditions and disorders
- Ways you can help keep your digestive system healthy

Date: Wednesday, August 26

Time: 8:30 a.m.

[Register Here:](#)

***Only 15 Minutes!**



Date: Wednesday, August 26

Time: 3:45 p.m.

[Register Here:](#)

***Only 15 Minutes!**

