



BlueCross BlueShield  
of New Mexico



# COLORECTAL CANCER AWARENESS

**Date:** Monday, March 30

**Time:** 8:30 a.m.

**[Register Here:](#)**



**Date:** Monday, March 30

**Time:** 3:45 p.m.

**[Register Here:](#)**



## We will learn about:

- What is colorectal cancer
- What are the most common risk factors
- Recommended guidelines and screening options
- Daily steps and lifestyle changes to help reduce your risk